

Coaching & Games Development

What we should continue doing

1. Underage structure is right with 3 coaches & high numbers at training
2. Enjoyment at U6-U13 retains players
3. Bringing in outside coaches has brought benefits
4. Encourage kids to join from early age through the schools
5. Last few years have been successful
6. New coaches bringing in new standards and ideas to develop team has been right over the last few years at senior level
7. One pitch and team are doing well across the board and club is still growing – praised from other clubs
8. Continue to develop year on year performance is improving

What we should start doing

9. *Template on how teams coached through underage
10. Review process of coaches – audit – external – few people needed to take the role
11. ****Underage coaches go to coaching days to pick up ideas to develop their skills to improve standard of coaching to improve players skills (Ulster GAA Name)
12. Reserve manager needed confirmed
13. *****Seniors help out at underage teams – once a month group take
14. *Half hour early for training teams on before senior training
15. *****Approach ex players to help out with teams –rotation of groups.
16. *Club promote through the 2 local schools- gaelfast
17. Use success to bring in and interest players to join and stay
18. Time spent coaching 2-3 sessions brings up level
19. Improve level of coaching level 1, 2 etc
20. **Player pathway – how to coach at each level clear way of play through each age group
21. **Priority at each level development – success
22. Helping other coaches improve each other
23. *Coaching officer
24. ***Go games to develop at their level
25. Train with own age – P6 with P6 etc
26. Right coaches at the right age group
27. **In house coach to refresh courses
28. *Coaching group set targets to work on at training – share knowledge to each coaching group to develop the strengths of the team
29. *Players in to school to help out coaching
30. *Coaches given targets by club for each age group (Weak foot)
31. * Put in place pathway to develop coaches while playing – senior players
32. Ideas from outside club into coaching
33. U12, U15 start training how to play like senior team
34. Development officer to set up the core basics of play everyone on the same wavelength on the team
35. End of season meeting to set up structure to work on next season.
36. Audit officer – review/workshop for coaches and players – outside club
37. Promote reserve football to bring players through create a big pool of players

38. People in to take gym sessions for underage to develop at right level.
39. *Basic foundation for coaches –coaching level
40. *Every team first aid, first responder – gives confidence to deal with situation
41. *Fund open 12 May Policing Board giving out. Lurgan police department willing to help out with application (Name MLA) help as well –coaching first Aid
42. Pathway for different teams – Creggan down syndrome team – Grants –SEN
43. Every coach level 1 – bring someone in
44. Inside people in club involved in Ulster GAA
45. Other games handball / Rounders
46. Refereeing – 1 more ladies ref
47. More girl coaches for ladies football
48. Teach players rules to stop frees being moved up, yellow/black cards
49. Educate young players – injuries how serious it could be to them
50. Awareness that all checks before coaching is to keep coaches safe
51. Join between teams. Ladis Gaelic and camogie boost numbers
52. Approach St Ronans LLS students for coaching
53. Teaching clubs ethos at young age.
54. Club set if rules reinforced
55. Parents who haven't played may not send children to teams – offer sessions to parents to see what it is that children are doing
56. Cross community potential to get good players outside Aghagfallon
57. Gaelfast – Start up SEN team – outside local area could be interested.
58. Scor open night to bring in people to the teams- to promote pathway for older players to keep on board – help to keep younger players involved looking up to role models in the club
59. Skills competition regularly – prizes?
60. Senior management involved in set up of way to play a hand in training
61. Set up for each team to perfect play style
62. Coaches setting up different play style to suit certain players – quick ball – long ball
63. When a good senior team comes along continue to work with underage to push level of skills further and not sit back
64. Parents involved in coaching and helping out
65. Coaches stay with team or move on
66. New coaches come in to teams
67. More parental involvement – improve and grow pool of coaches available to develop the children as players and people.

What we should stop doing

68. Reserve team led by players
69. Letting former players disappear from the club
70. Stop trying to do it all alone
71. Training stop being sub v starter
72. Doing things on our own seeking outside help gym work
73. Players should get playing regardless ability- not always best is all the time mix it up – conflicting views –league underage mix panel
74. Keeps players playing and more effort in training

End

Survey contributions

	Q7b - Coaching & Games - What comments or recommendations have you that would encourage volunteers to take up coaching
1	If you could offer training for volunteers to make them more comfortable
2	Our club is a great club to be involved in at any level.
3	You could have parents and kids sessions were the parents are encouraged to join the training and could learn some skills
4	Run training programs for coaches including first aid and cpr training
5	A lot of the parents of kids have not previously been involved with GAA and would not be confident taking in a coaching role. Provision of basic training for underage coaches with further development coaching for the older groups
6	Always do with more
7	Helpers are fine but team coaches should have a good knowledge of the game or played to a decent standard/duration. Coaching badges should be a priority across the board. Good coaching will breed good players.
8	It might be useful to publish requirements, expected time commitment, etc to enlighten prospective coaches on what is involved.
9	Offer supervision or mentoring to build confidence among potential volunteer coaches
10	Job spec and estimation of time required per week
11	Offer parents training to get into coaching with less responsibilities if they want to help out
12	More details of when needed. A rota for parents to help with supervision. Times can be spread out so it is not a big time commitment.
13	Training on coaching practices and safeguarding area. Publication of good news stories around each underage group.
14	Perhaps do shadowing sessions for parents with coaches already in place to ease any apprehensions before taking up a role as a coach.
15	More past players to get involved
16	It's makes a difference to the physical and mental health of every child. You can have a Positive influence on every child that comes to training.
17	It means so much to the youth of Aghagallon and the reward is emace
18	Need to establish a meaningful coaching committee to drive forward an agreed style of play throughout underage and into senior team. I believe the ethos should be founded on development of all players within squads.
19	Advertisement of coaching courses/badges via Ulster GAA
20	Continuing to provide a "Coaches Pathway" and recognised coaching qualifications may encourage greater uptake of coaching roles.
21	Encouraging physical and mental well-being in young children
22	Parents of children playing often forget coaches are there on a voluntary basis. There should be some form of recognition for coaches volunteering even if it is access to reduced price club gear or other benefits.
23	all the coaches i have come across have been excellent, the time & effort they put in is second to none ðŸ™
24	Have coffee mornings/ evenings to get more help with coaching and more younger people into roles in the club
25	N/A
26	You will never regret it

27	Club involvement is important whether it be coaching or just helping on match days. A social event or fundraising to encourage peoples participation and get to know other club members. Start off with smaller jobs thatâ€™s people can handle donâ€™t put it all on one person, shared roles
28	Advertising on Facebook
29	Spectators often can be more critical so can add to the coaching, the rewards of coaching are in winning, great community spirit and pride Try to encourage our senior team members to take training sessions
30	Improve tuckshop design
31	More coaching days / team bonding sessions to encourage more people to want to come along
32	Go out and contact people about getting involved especially outsiders who are not parents.
33	The future of the club
34	Far too many coaches with too many peoples input. Itâ€™s great to preach positivity, but it canâ€™t be just when it suits kids needs rules and direction itâ€™s been that way for years. Kids needs to be resilient to ups and downs and not just always needing to be coddled. Yes if people think the can make a difference knowledge off then game and not a singular approach. Teaching them to fail together with maximum effort and wanting to go again. Teaching them about life and growing up and what can be achieved together. Coaching is about more than just football but it can help with school and other areas. Time needs to spent with kids that struggle or are disruptive.
35	Run coaching workshops/good vetting procedures
36	Ask parents who stay to watch training to join in/ help with equipment. Coaches should make greater effort to talk to parents they donâ€™t know. Organise a rota for parents to supply oranges for teams at practice / crisps and sweets for blitz days.
37	Always use additional coaches & support for coaches (resources/networking etc). Demonstrate support for volunteers and some sort of soft start to build confidence maybe through paired mentoring. Sharing coach profiles - why I got involved & why I enjoy it
38	Need more info about how to join up, more advertising
39	Advertise for volunteers regularly on Facebook? Create an advert that outlines the benefits of volunteering.
40	People might feel nervous about taking on coaching, especially if they haven't played much gaa themselves, perhaps offering more training could be useful. I think also training times for some of the underage training can be difficult esp with work commitments - demand for the pitch probably dictates a lot of the training times.
41	Recruitment via community events and social media. Liasing with the local schools to encourage parental engagement.

	Q8b - Coaching & Games - Please provide any comments or recommendations how we could improve your experience, or, your child's experience at St. Mary's.
27	Needs to be fresh people involved and each age group needs a individual coach instead of 1 or 2 people organising u12s down to u8s in both boy and girl areas.
28	The ability to train on the main pitch. The small side pitch is inadequate for higher age groups - u13s are training in cramped conditions while u2s etc are on the main pitch?? Doesnâ€™t seem logical.
29	No recommendations- my son adores it!

30	I think that we need to work on the moto of "every child gets a go" but it must be an equal go. Weaker children should not be sitting on the sideline for matches when kids in younger age groups take their place. Unfortunately it is fife in the club. A child cannot develop without game time.
31	Facilities and better access to physio when players are injured - typical physio bill is Â£35.
32	Nb
33	More social events/team building for each team could be a good idea.
34	Coaching experience for youth players is generally excellent
35	Have first aiders for all teams list of allergies or meds kids need accessible to all coaches
36	Coaches to treat all players equally
37	More online content about the kids achievements
38	Excellent dedication and encouragement to players from coaches and volunteers.
39	Engagement
40	The development of the facilities to a high standard. Senior coach input for all levels
41	My kids really enjoy their football and look forward to it.
42	Improve ground appearance.
43	Not sure
44	Indoor winter training facilities
45	No comment.
46	None the coaching and games are amazing considering the lack of facilities
47	i feel we do a good job
48	I think the seniors could be more involved with the underage, they could come and take sessions with the underage groups
49	A massive problem continues in Aghagallon by not developing ALL Players. Maybe too much emphasis on winning at underage level.
50	Again need to include all members regardless of ability as children all develop at different rates.
51	Training gear seems to be in demand and scarce at the moment. New balls and gear would help with training.
52	i think a few training sessions dedicated to team building, rather than drills/practice matches etc. Even for players to learn team mates names would be good, in my opinion, it would lead to better team play & morale
53	Team Building activities
54	N/A
55	Coaching for Goalkeepers
56	The coaches and games are always very good and everyone seems to be happy and working well together
57	Social club- Pool tables, tv, refreshments
58	3G/4G pitch can train/ play throughout the winter
59	It's a bit of a problem at minor football now and feel as we can't just train in the corner of a pitch as this is all the room we have most evening due to pitch sharing
60	N/A
61	Introduce a senior ladies football team
62	Second pitch/training pitch
63	Mothers and others or dads and lads for better engagement with parents or even couch 2 5k for wider community. Coffee cart for matches
64	Children enjoy playing and like the coaches (Time of training late on Saturday afternoon not great time only slight negative)

65	Player of the week. Medals(cheap token) for blitz days. Team day out to air tastic. Each week one team should be responsible for a litter pickup around the pitch to encourage ownership and respect for the grounds. Once a month the Clothing shop could sell tops etc at the pitch. Have a rail in the clubroom where parents leave old kit and old football boots that kids have outgrown so it can be used again. Parents are not booking holidays till they know dates of Cul camp and this is costing people money. Encourage children not to climb over the wire fence to enter field as they are wrecking it. Also children should not be allowed to swing on goal posts as they topple over. A zero tolerance policy of bad language from kids playing and on sidelines. Some reminder signs on how to behave during matches for people watching during matches. Shelters for Cul Camp week. Tables and benches for eating during Cul Camp.
66	regular opportunity for feedback to ensure any queries/concerns/recommendations are captured at the earliest opportunity
67	My children love going to Aghagallon (oldest child is p4/p5 group so our children are still very young). There seems to be good numbers at underage and I think it is important that as many children as possible continue their association with the club into adulthood regardless of their footballing ability. Would be good to keep a focus on this as some of these children could be brilliant club people.
68	Kids love it but numbers need to grow. This could be done via better promotion etc. Times of training on Facebook etc. Have a weekly newsletter with up coming fixtures and training times.

end